



Maternal Newborn Nursing Care Course Session Information



Session 12 Tuesday, August 30, 2016

Additional Reading: Please read the following *prior* to class

Lowdermilk et al. *Maternity and Women's Health Care* (10th ed.)

Chapter 25 – Newborn Nutrition and Feeding

Additional Reading

American Nurses Association. Short Definitions of Ethical Principles and Theories Familiar Words, What do They Mean?

Lachman V. Applying the Ethics of Care to Your Nursing Practice. *MedSurg Nursing*. 2012;21(2):112-116

O'Toole B et al. EOC Tool Personal Approaches to Moral Decisions

Wight N. Breast Milk: the perfect renewable resource. 2011

12a 7:30 am – 9:30 am Lactation and Initiation of Breastfeeding

At the conclusion of this session the student will be able to:

- List three benefits and three perceived disadvantages of breastfeeding.

Identify the following anatomy involved in the process of lactation:

- a. Alveolus
- b. Myoepithelial cell
- c. Lactiferous duct
- d. Nipple
- e. Areola

- Briefly discuss the physiology of lactation, identifying the role of hormones and the importance of the Milk Ejection Reflex.

- Describe and discuss the following principles of breastfeeding:

- a. Positioning of the mother and baby
- b. Latch-on
- c. Feeding routines and “schedules”

- List common breastfeeding problems and discuss appropriate nursing management for these problems.

- Identify factors which may predispose the mother-infant dyad to breastfeeding problems.

12b 9:45 am – 11:00 am Surviving the Night Shift

At the conclusion of this session the student will be able to:

12c 12:00 pm – 2:00 pm Perinatal Nursing Practice and Ethical Care

At the conclusion of this session the student will be able to:

Define autonomy and describe a situation which would be easy to support a family's autonomy and one which would be difficult to do

State at least three oral approaches

Describe the role of an ethics committee

12d 2:15 pm – 3:00 pm Review for Exam 3 (sessions 9, 10, 11 and 12)